

**AGING & ADULT CARE OF CENTRAL WASHINGTON (AACCW)
ADVISORY COMMITTEE MEETING
February 19, 2015**

MINUTES

OPENING

Members in Attendance

Dora Adams, Peggy Berk, Margarita Comer, Judy Gladden, Noble Kelly, Peggy Kelly, Kristy Longanecker, Geneva McCoy Jardine, Judy Main, Marylu Martin, Kathleen Miller, Janel Rieve, William Riley, Sally Siegel, Gwyneth Thorsen, Judith Tonseth, Ellen Warren, James Wilson, Leanne Wilson.

AACCW Staff

Bruce Buckles, Tammy Harvey, Valerie Graber, Diane Tribble, Ken Sterner, Jill Dempsey

Guests

Carol McCormick, Peggy Moxley

MINUTES

Gwyneth Thorsen moved to approve the minutes. Ellen Warren seconded and the motion carried.

REPORTS

Legislative Committee –Bruce Buckles announced the opportunity to be involved and share concerns with the legislature by attending Senior Lobby next week. Historically, Central Washington has had the highest level of participation at this event. Ken Sterner extended a final invitation to board members who have not yet registered to join the group of 32 people traveling to Olympia from Central Washington. The current group includes: AACCW Advisory Board members, Directors of three senior centers, Ombuds, and the publisher of the Columbia Basin Herald. Bill Riley spoke to economic concerns related to unfunded education and mental health initiatives and immigration reforms. Peggy Berk stated her concern for more education and services in the Family Caregiver Support programs aimed at helping seniors and people with disabilities stay in their own homes. Valerie Graber stated that Case Manager's (CM's) case load requirements have been increasing over the years to unsustainable levels. As a result, important client services like helping people facing eviction may need to be cut. Valerie has gone with CM's to home assessments and is impressed at all the good work and services provided to clients. This summer, MPC and COPES services will be moving to a

new program and it is possible this will provide a more manageable system. Bruce stated that two of the larger AAA's have threatened to quit providing case management services. If this occurs, the state will need to go out for bid for providers.

Training-Training was presented out of order due to the scheduling needs of the guest presenter. Carol McCormick, BSN, Assistant Administrator and Nursing Director for the Chelan-Douglas Health District provided information about the current incidence of measles, the possible side effects of this disease, and in importance of vaccinations.

Membership Committee – Marylu Martin – There are currently three vacancies: two in Adams County and one in Grant County. Term extensions for Geneva McCoy Jardine & Judith Tonseth were reviewed. Marylu Martin moved to approve the extensions. William Riley seconded, and the motion carried. Training today will provided by two speakers: Carol McCormack, BSN from the Chelan-Douglas Department of Health will provide updated information on vaccinations, and Peggy Moxley, Attorney at Law will discuss her legal experience for consideration of being nominated as the representative for the State Council on Aging when Kathy Miller's term ends in September. Future presentations include the following: Self-Management Workshops (Chronic Disease, Diabetes, and Chronic Pain) in March, Health Home services in May, Funeral Planning in June, the HANDLE Institute in August, SHIBA in September, and Elder Fraud & Scams in November.

Special Projects Committee – Kristy Longanecker reported that the Advisory Board members are encouraged to help at community events and health fairs. Noble Kelly suggested the board members have more information about AACCW programs so they could be better equipped to share about AACCW services with people in need.

State Council on Aging- Kathleen Miller reported on the SCA meeting she attended in January. The members broke down into four work groups to review and discuss the 45 page report from the White House Conference on Aging and prioritize the recommendations identified in this report. Kathleen provided a handout to the members with the finalized SCA 2015 Legislative Priorities.

Ken Sterner introduced Peggy Moxley as a candidate to fill Kathleen Miller's SCA representative position when Kathleen's second 3-year term concludes in September, 2015. Peggy Moxley provided an overview of her education and legal specialization in Elder law and Guardianships. After this presentation, Geneva McCoy Jardine made a motion to nominate Peggy Moxley as the AACCW

representative to the State Council on Aging. Marylu Martin seconded, and the motion carried.

Quarterly Reports- were reviewed and discussed.

NEW BUSINESS

Request to increase the nutrition donation rate- OCTN submitted a request to increase the suggested donation amount for congregate meals by \$0.25 from \$3.25 to \$3.50. Jim Wilson made a motion to approve the suggested donation increase. Ellen Warren seconded, Kathleen Miller abstained, and the motion carried.

Request to reduce the number of serving days in Sprague- OCTN submitted a request to decrease the number of congregate meal serving days in Sprague from three days to two days per week due to decrease in the number of participants. Geneva McCoy Jardine made a motion to approve this request. Sally Siegal seconded and the motion carried.

Monitoring Reports- Jill Dempsey reviewed the monitoring reports completed for ResCare In-Home Care and Beneficial In-Home Care.

General Announcements-Bill Riley informed the group of the free tax preparation service provided at area senior centers by trained volunteers of AARP. Peggy Kelly reminded the members that losses from floods and fires can be reported and considered in the calculation of taxes.

Meeting adjourned at 3:00 p.m.